



2009 Registration Form

Advanced Cross Country Camp is open to all beginning and experienced runners entering grades 6-8 in September 2009. The cost is \$295.00. Athletes attending as a team (6 or more runners from the same school) will be reduced to \$270.00. You will receive the \$25 back at check-in. A **non-refundable** \$100.00 deposit due by July 1st reserves your spot at the camp. **The balance is due by July 30th along with the medical release form.**

Space is limited so register early!!!!

Send completed application along with \$100 deposit check to:

Advanced Cross Country Camp, 21 Le Valley Drive, Manalapan, NJ 07726

(Make check payable to Advanced Cross Country Camp)

For your convenience, we accept Visa, Master Card, & Discover please email us for details.

Application

Camper's Name: _____ Shirt Size: _____ Shoe Size: _____

Address: _____

City: _____ State: _____ Zip code: _____

Name of parent or guardian: _____

Home telephone: _____ Parent's work phone #: _____

Date of birth: _____ School grade (as of Sept 2008): _____ Sex: (circle one) male female

School attending: _____ Town: _____

Camper's email address: _____

Parent's email address: _____

We will be making contact to confirm receipt of your application, deposit, health release, and final payment prior to the start of camp, so please give us an email address that is checked often. We will also email updates and final instructions.

Best times: 800m _____ 1600m _____ XC 1.5m _____ Course: _____

Typical Summer running (miles/week) : _____ 10-20 _____ 20-30 _____ 30-40 _____ 40+

Signature of Parent/Guardian: _____ Date: _____